



BREAKFAST & BRUNCH (served all day)

the local, an egg sammie 5.50

ohio organic egg, sharp white cheddar, spicy brown mustard
served on house-made whole wheat bread
+ add sausage or vegan sausage \$2.00
+add ohio thick-sliced bacon \$4.00
+substitute any bagel for bread, add \$1.00

eye-opener burrito 9.50

ohio organic egg, local chorizo, sharp white cheddar
herbed & roasted potatoes, Frank's Red Hot Sauce
served on a whole-wheat tortilla wrap
served with a side of salsa

vegan eye-opener burrito 9.50

house-made vegan chorizo, crisped & baked tofu,
herbed & roasted potatoes, sauteed broccoli & red pepper,
Frank's Red Hot Sauce
served on a whole-wheat tortilla wrap
served with a side of salsa

house-made granola 7.50

organic oats, spelt, millet, amaranth, almonds, dried cherries
served with vanilla greek yogurt
+ substitute oat or almond milk, 10.00
+ substitute any cow milk, 6.50
+ a la carte (no milk), 5.50
+add fresh-cut fruit, 2.00

locally hand-crafted bagels 2.50

(NOT AVAILABLE MONDAYS)
plain, everything, blueberry
+ butter, no charge
+ plain cream cheese or scallion cream cheese .75/each
+ peanut butter or jam .50/each

breakfast & brunch sides

3.00 each
(2) slices house-made whole wheat bread
(toasted or untoasted; add any spread, .50)
cup vanilla greek yogurt
herbed & roasted potatoes

4.00
fresh-cut fruit cup

COFFEE & ESPRESSO

(1) shot espresso in 10 oz & 12 oz sizes

(2) shots espresso in 16 oz

espresso
solo doppio
2.00 2.75

regular drip

crimson cup coffee roasters'
jungle love
(organic & fair trade)
"Dark roasted organics from
Central America & Indonesia
blended for well-balanced flavor,
a full body, & a long finish."
12 oz 16 oz
2.75 3.25

decaf drip

crimson cup coffee roasters'
swp peru decaf blend
(organic & fair-trade)
"Buttery mouthfeel, citrus acidity,
semisweet chocolate with notes of
almond. Well-balanced & clean."
12 oz 16 oz
2.75 3.25

cafe au lait

1/2 brewed coffee + 1/2 steamed milk
(oat & almond, add .50)
12 oz 16 oz
3.10 3.60

cold brew

crimson cup coffee roasters'
fair-trade cold brew blend
16 oz. 20 oz.
3.75 4.25

americano

(hot or iced)
all sizes get (2) shots espresso
2.75

cubano

espresso + cane sugar
solo doppio
3.00 3.50

mocha

12 oz 16 oz
3.70 4.25

+ oat or almond milk, add 1.50
+ extra shot of espresso, add 1.50
+ syrup, add .40/each

vanilla, caramel, hazelnut, almond, caramel
pecan, coconut, toasted marshmallow, raspberry,
sugar-free vanilla, sugar-free caramel,
sugar-free hazelnut
+ sauce, add .50/each

chocolate, caramel, white chocolate

heirloom specialty lattes

bumble bee

honey, vanilla, whipped cream
12 oz 16 oz
3.95 4.50

turtle



chocolate, caramel pecan, whipped cream,
caramel & chocolate drizzle
12 oz 16 oz
3.95 4.50

ch-almond joy

chocolate, almond, coconut, whipped
cream, chocolate drizzle
12 oz 16 oz
3.95 4.50

nutty s'more

chocolate, hazelnut, toasted marshmallow,
whipped cream, chocolate drizzle
12 oz 16 oz
3.95 4.50

*Menu items marked with a  or a ,
can be made vegan and/or gluten-free,
please inquire for options.*

THE LUNCH BUNCH (service starts at 10:30 a.m.)

hot entree feature:
lemon polenta plate 11.00 ✕

crispy house-made polenta cake topped with a
lemon-parmesan sauce & fresh veg
made-to-order with your choice of protein:
ohio free-range chicken breast or crispy baked tofu

HAND-HELDS (sandwiches & wraps)

all hand-helds come with your choice of chips
or leafy greens side salad
(you can choose any side for a slight add-on fee)

grilled munster 8.50

muenster cheese, raspberry jam, clarified butter
served grilled, on house-made whole wheat bread

the heirloom chicken club 10.50 ✕

ohio free-range chicken breast, ohio thick-sliced
bacon, pepperjack cheese, house-made 'quickles',
arugula, sweet chili sauce
served on an Auddino's Bakery kaiser roll

veggie burg 9.00 ✓

house-made vegan veggie pattie, sharp white
cheddar, onion, leafy greens, vegan special sauce
served on an Auddino's Bakery kaiser roll
vegan pattie contains spelt berries, a form of gluten

chicken salad wrap 8.00 ✕

house-made chicken salad
(ohio free-range chicken breast,
toasted walnuts, red grapes, celery, mayo)
wrapped in a whole-wheat tortilla with romaine lettuce

tuna salad sam 8.00 ✕

house-made tuna salad
(tuna, celery, carrot, mayo)
sharp white cheddar, leafy greens
served on house-made whole wheat bread

the lunch bunch sides

2.50 each

Great Lakes Potato Chip Co. ✕
bagged kettle-cooked chips
(plain, BBQ, sea salt & vinegar)

OR

mini pretzels

3.00 each

herbed & roasted potatoes ✓ ✕
cup of the soup-of-the-day
(please inquire for dietary restrictions)

4.00 each

dill potato salad ✕
green apple slaw ✕
side house leafy greens salad ✓ ✕
fresh-cut fruit cup

5.00

bowl of soup

minute maid orange juice 2.25
minute maid apple juice 2.25
coca cola, diet coke, or
sprite (can) 2.25
perrier energize caffeine + yerba mate 2.75
(pomegranate, grapefruit, tangerine)
powerade zero mountain berry blast 2.75

cans & bottles

**please check the beverage display @ the
register for all current offerings**

THE MEAN GREENS (bowls)

quinoa + greens 11.50 ✓ ✕

sauteed: quinoa, red bell peppers, onions, &
garbanzo beans, feta, toasted Brazil nuts,
spinach & arugula mix

served with cumin lime vinaigrette & your
choice of protein: ohio free-range chicken
breast or crispy baked tofu

seoul bowl 11.50 ✓ ✕

spinach & arugula mix, pickled veg (daikon
radish, cabbage, carrot), toasted almonds
served with gochujang vinaigrette

& your choice of protein:
ohio free-range chicken breast or crispy baked
tofu

fiesta bowl 11.50 ✓ ✕

ohio free-range ground turkey, pinto beans,
sharp white cheddar, Shagbark tortilla bits,
romaine lettuce, cilantro
served with cumin lime vinaigrette

house leafy green 8.00 ✓ ✕

mixed leafy greens, carrot, cucumber, radish,
house-made parmesan croutons,
maple & white balsamic vinaigrette
add your choice of protein:
ohio free-range chicken breast 3.00
crispy baked tofu 3.00

the conscientious combo

10.00

choose (1) one item from each category:

choice #1:

1/2 grilled munster
1/2 veggie burg ✓
1/2 the heirloom chicken club ✕
1/2 the local bird chicken salad ✕
1/2 tuna salad sam ✕

choice #2:

combo-sized house leafy green salad ✓ ✕
or
combo-sized soup

choice #3:

your choice of chips
or
fresh-cut fruit ✓ ✕

+substitute

green apple slaw ✕ and/or dill potato salad ✕
for \$1.00/each

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please inquire for options.*

1871 N High St
Columbus, Ohio 43210

Heirloom
LOCALLY OWNED EST. 2011
LOCALLY GROWN COLUMBUS, OHIO

Columbus, Ohio 43210
ph (614) 292-2233
15 461H N 1281

freshly-brewed iced teas

black - scottish breakfast
green - cucumber mint
16 OZ 20 OZ
3.25 3.75

chai tea latte (hot or iced)

12 OZ 16 OZ
3.70 4.25

oat or almond milk, add 1.50

hot-brewed loose-leaf teas 16 oz serving 3.25

black:
scottish breakfast
cream earl grey
organic pumpkin spice
organic ginger orange peach

oolong:
formosa
orange blossom
tie guan yin
green:
jasmine flowers
japan bancha keiko
hojicha
organic cherry sencha
organic mint spice
organic high mountain

herbal:
peppermint
chamomile
vanilla rooibos
organic blood orange rooibos

pu-erh: caramel pu-erh
white: pai mu tan peach apricot

sweets 'n' treats

cookies 2.25
chocolate chip
peanut butter
oatmeal butterscotch chip
vegan chocolate chip
almond (gluten-free)

banana mocha
bread 3.00
sea-salt choco-nut
cluster 2.25